

holiday values worksheet

What values will your family's celebration serve? Bring the season into focus by answering these questions about last year's events. Use a second sheet to record responses from a family meeting.

1. What went well last year? What activities made the season special? Did you make changes that made the holiday more organized, more calm, more centered?

2. What stresses did you face last year? Were there too many activities on the calendar? Did household systems fall apart? Were you wrapping gifts at midnight on Christmas Eve?

3. Were you spiritually invigorated by the holiday celebration? Did your family participate in meaningful worship, giving, or service activities?

4. Did inappropriate influences enter your home last year? Were décor, clothing or gift-buying decisions influenced by competitiveness or insecurity? Did the pace of the season affect family closeness or values?

5. What would you have done differently last year?
